

## SECOND AND FIFTH GRADE TITAN BUDDIES

# HUMILITY

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### **DEFINITION:**

FROM VIA CHARACTER.ORG

Humility means accurately evaluating your accomplishments. It's easy to describe what humility is not — it is not bragging, not doing things in excess, not seeking the spotlight, not drawing attention to yourself, not viewing yourself as more special or important than others. On the other hand, it is not bowing to every wish or demand of another person, and it is not being highly self-critical. Truly humble people think well of themselves and have a good sense of who they are, but they also are aware of their mistakes, gaps in their knowledge, and imperfections. Most importantly, they are content without being a center of attention or getting praised for their accomplishments.

A common misconception is that humility involves having a low self-esteem, a sense of unworthiness, and/or a lack of self-focus. However, true humility involves an accurate self-assessment, recognition of limitations, keeping accomplishments in perspective, and forgetting of the self. Humble people do not distort information to defend or verify their own image, and they do not need to see-or present-themselves as being better than they actually are.

### **Family Discussion Questions:**

1. Why is humility important?
2. Do I serve others out of compassion or out of pride (seeking something in return)?
3. What areas of my life do I feel pride in? How do I display my pride?
4. Share about a time when you were humbled like the hare.